

# The Cabin Grill

ADIRONDACK BREAKFAST

## Healthy Start

**ROLLED OATS OATMEAL** \$5.95

**BANANA MAPLE OATMEAL** \$6.95

**FRUIT & YOGURT PARFAIT** \$7.95

*served with yogurt, granola & fresh fruit*

**MIRROR LAKE SUNRISE** \$9.95

*grapefruit, fresh berries &  
vanilla yogurt*

**SPLIT ROCK GRANOLA** \$8.95

*banana, granola, fresh berries &  
low fat vanilla yogurt*

## Pancakes & French Toast

### PANCAKES

*stacked the way you like 'em*

Tall \$8.95 Short \$6.95

### FRENCH TOAST

*topped with cinnamon powdered sugar*

Tall \$8.95 Short \$6.95

### BLUEBERRY PANCAKES

*chocolate chips also available*

Tall \$9.95 Short \$7.95

### STUFFED FRENCH TOAST

*stuffed with sweet mascarpone cheese*

*& cinnamon powdered sugar*

Tall \$10.95 Short \$8.95

## Combinations

*All combinations include juice or coffee*

**THE EUROPEAN** \$9.95

*rolled oats oatmeal or cold cereal with toast or English muffin*

**THE MAMMA BEAR BREAKFAST** \$8.95

*two eggs, home fries & choice of toast*

**NOAH JOHN'S BREAKFAST** \$9.95

*two eggs, home fries, choice of toast and choice of bacon, ham or sausage*

 **HEARTY MOUNTAIN BREAKFAST** \$12.95 (+\$3.00\*)

*two eggs, home fries, choice of pancakes or French toast with choice of sausage, bacon or ham  
(Add Blueberries or Chocolate Chips to Pancakes for an additional \$1)*

## Omelette's

*(Egg whites available for +\$1)*

**GARDEN OMELETTE** \$11.95

*made with olive oil, tomato, mushroom, spinach & feta served with home fries & choice of toast*

**B.L.T. OMELETTE** \$12.95 (+\$3.00\*)

*bacon, lox, tomato, home fries & choice of toast*

**SOUTHWEST OMELETTE** \$11.95

*fresh avocado, chorizo, onion, tomato, pepperjack cheese, sour cream, pico de gallo, home fries & toast*

**THE IRONMAN** \$14.95 (+\$5.00\*)

*1/2 dozen egg white omelet with choice of three fillings prepared using olive oil, home fries & toast*

 **CHOOSE YOUR OWN OMELETTE ADVENTURE** \$11.95

*three egg omelette served with home fries & choice of toast*

**Choose three:** bacon, ham, chorizo, mushrooms, tomatoes, onions, bell peppers, spinach, chipotle chilies, black beans, broccoli, pico de gallo... *each additional topping \$1, (avocado \$2)*

**Choice of Cheese:** american, swiss, cheddar, provolone, pepper jack, feta, mozzarella or cheddar jack

**Choice of Toast:** white, wheat, rye or english muffin



HOTEL NORTH WOODS FAVORITES

\*Menu items noted with price in parentheses require a surcharge when included in a hotel package

# North Woods Specialties

 **EAGLE'S NEST** \$11.95 (+\$2.00\*)

*two eggs, homemade corned beef hash & choice of toast*

**HIGH PEAKS WITH SAUSAGE & GRAVY** \$11.95

*housemade biscuits, sausage gravy & two eggs*

**LOX & BAGEL** \$12.95 (+\$3.00\*)

*smoked Nova Scotia gravlox, cream cheese, diced red onion, capers, tomato & diced hardboiled egg*

 **ADIRONDACK SKILLET** \$11.95 (+\$3.00\*)

*eggs, potatoes, bacon, ham, onions, peppers, mushrooms, cheddar cheese & choice of toast*

**VEGGIE SKILLET** \$10.95 (+\$3.00\*)

*eggs, potatoes, onions, peppers, mushrooms, tomatoes, spinach, feta cheese & choice of toast*

**SOUTHWEST SKILLET** \$12.95 (+\$3.00\*)

*eggs, potatoes, chorizo, onions, peppers, black beans, cheddar-jack, sour cream, avocado, pico de gallo & choice of toast*

**HUEVOS RANCHEROS** \$11.95

*2 eggs, black beans, cheddar cheese, housemade mole & tortilla chips*

**FLORENTINE BENEDICT** \$10.95

*poached eggs, sautéed spinach, Hollandaise sauce & home fries*

 **EGGS BENEDICT** \$12.95 (+\$4.00\*)

*a traditional dish of poached eggs, Canadian bacon, Hollandaise sauce & home fries*

**CRAWFISH BENEDICT** \$13.95 (+\$5.00\*)

*two poached eggs, Louisiana crawfish, sautéed spinach, Hollandaise sauce & home fries*

**STEAK & EGGS** \$16.95 (+\$7.00\*)

*8 oz. black angus strip steak, two eggs & home fries*

 **SIGNATURE BREAKFAST SANDWICH** \$8.95

*A fried egg, Applewood smoked ham, smoked gouda on a bagel with breakfast potatoes*

\*Menu items noted with price in parentheses require a surcharge as part of hotel package

## Sides

Toast (White, Wheat, Rye) .....	\$2.00	One Egg .....	\$2.50
Bagel (with Cream Cheese).....	\$2.50	Bacon, Sausage or Ham .....	\$2.50
English Muffin.....	\$2.00	Solo Biscuit .....	\$2.00
Breakfast Potatoes.....	\$2.50	Corned Beef Hash.....	\$6.25
Cold Cereal.....	\$3.95	Side of Berries or Fruit Salad .....	\$3.95
Grits.....	\$3.95	Cup of Fresh Fruit .....	\$4.95
Cup of Yogurt .....	\$3.95	Single Pancake .....	\$3.95

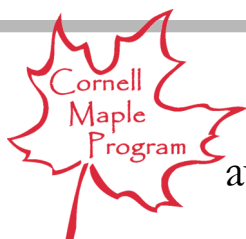
## Beverages

Coffee, Decaf, Tea.....	\$2.50
Hot Cocoa with Whipped Cream .....	\$2.50
Milk / Chocolate Milk.....	\$3.25
Juice (OJ, Cran, Pineapple, Apple, Tomato, Grapefruit, Clamato) .....	\$3.00

## -Alcoholic-

Delta Blue Bloody Mary .....	\$7.00
Bloody Caesar .....	\$7.00
Marcy's Mimosa.....	\$7.00

*Note: NYS Law states we are unable to serve alcoholic beverages before 12:00pm on Sunday's*



## 100% NY Maple Syrup

available for purchase to eat in and/or take home

(8 oz.)...\$8 (32oz.)...\$24

The Cornell Sugar Maple Program located right here in Lake Placid is part of Cornell University's Cooperative Extension program. University sponsored programs like this, help people improve their lives and communities by putting experience and