



2017 EVENT SCHEDULE

THURSDAY, JULY 20, 2017

| START | END | EVENT | LOCATION |
|-------|------|--|-----------------------|
| 9 AM | 5 PM | Athlete Check-In <i>*No Athlete Check-In on Saturday</i> | Conference Center ABC |
| 9 AM | 5 PM | IRONMAN Village | Oval/Transition |
| 9 AM | 5 PM | Official IRONMAN Store | Oval/Transition |
| 9 AM | 5 PM | IRONMAN Bike Store & Tech Service Center | Oval/Transition |
| 9 AM | 5 PM | Information Tent | Oval/Transition |
| 9 AM | 5 PM | VIP Spectator Credential Pick-Up | Oval/Transition |
| 9 AM | 5 PM | IRONKIDS Lake Placid Fun Run and Dip 'n' Dash Registration | Conference Center ABC |
| 11 AM | | Athlete Briefing | Oval/Transition |
| 2 PM | | Athlete Briefing | Oval/Transition |

FRIDAY, JULY 21, 2017

| START | END | EVENT | LOCATION |
|-------|---------|--|------------------------|
| 9 AM | 5 PM | Athlete Check-In <i>*No Athlete Check-In on Saturday</i> | Conference Center ABC |
| 9 AM | 5 PM | IRONMAN Village | Oval/Transition |
| 9 AM | 5 PM | Official IRONMAN Store | Oval/Transition |
| 9 AM | 5 PM | IRONMAN Bike Store & Tech Service Center | Oval/Transition |
| 9 AM | 5 PM | Information Tent | Oval/Transition |
| 9 AM | 5 PM | VIP Spectator Credential Pick-Up | Oval/Transition |
| 9 AM | 1:45 PM | IRONKIDS Lake Placid Fun Run and Dip 'n' Dash Registration | Conference Center |
| 11 AM | | Athlete Briefing | Oval/Transition |
| 12 PM | | Athlete Pro Panel | Oval/Transition |
| 2 PM | | IRONKIDS Lake Placid Fun Run and Dip 'n' Dash | Mirror Lake Drive |
| 3 PM | | Athlete Briefing | Oval/Transition |
| 6 PM | 8 PM | Opening Ceremony - (Live Music from 6 PM to 7 PM) | Mid's Park on Main St. |

SATURDAY, JULY 22, 2017

| START | END | EVENT | LOCATION |
|---------|---------|--|-----------------|
| 7:30 AM | 9:30 AM | Free Pancake Breakfast | Oval/Transition |
| 9 AM | 5 PM | IRONMAN Village | Oval/Transition |
| 9 AM | 5 PM | Official IRONMAN Store | Oval/Transition |
| 9 AM | 5 PM | IRONMAN Bike Store & Tech Service Center | Oval/Transition |
| 9 AM | 5 PM | Information Tent | Oval/Transition |
| 9 AM | 5 PM | VIP Spectator Credential Pick-Up | Oval/Transition |
| 10 AM | 3 PM | Mandatory Bike & Gear Bag Check-In | Oval/Transition |
| 11 AM | | Athlete Briefing | Oval/Transition |
| 2 PM | | Athlete Briefing | Oval/Transition |



SUNDAY, JULY 23, 2017 - RACE DAY!

| START | END | EVENT | LOCATION |
|---------|---------|---|---|
| 4:30 AM | 6 AM | Transition Area Open; Body Marking | Oval/Transition |
| 4:30 AM | 6 AM | Drop Special Needs Bike & Run Bags | Swim Exit Parkside Drive (Bike) Stone Wall Mirror Lake Drive (Run) |
| 6 AM | 6:30 AM | Warm-up Swim | Mirror Lake |
| 6:30 AM | | Pro Men Start | Mirror Lake |
| 6:40 AM | | Age Group Start | Mirror Lake |
| 7 AM | 10 PM | Information Tent | Volunteer Tent Above Finish Line |
| 7 AM | 8 PM | IRONMAN Official Store | Oval/Transition |
| 12 PM | 8 PM | IRONMAN Village | Oval/Transition |
| 1:30 PM | | Bike Course Cut-off (2nd Lap) | Behind Lake Placid High School |
| 4 PM | 12 AM | Massage Tent | Olympic Speed Skating Oval |
| 5 PM | | Bike Course Cut-Off (Aid Station 5) | Wilmington |
| 5:30 PM | | Bike Course Closes | Oval/Transition |
| 6 PM | 12 AM | Mandatory Bike & Gear Check-Out | Oval/Transition |
| 9 PM | | Run Course Cut-Off (2nd Lap) | Town Hall |
| 10 PM | 12 AM | Come Out & Cheer on the Final Finishers | Finish Line |

MONDAY, JULY 24, 2017 - CELEBRATION DAY

| START | END | EVENT | LOCATION |
|---------|---------|---|-------------------|
| 7 AM | 2 PM | IRONMAN Village | Oval/Transition |
| 7 AM | 2 PM | Official IRONMAN Store | Oval/Transition |
| 7 AM | 12 PM | IRONMAN Bike Store & Tech Service Center | Oval/Transition |
| 8 AM | 10 AM | Celebration Day Breakfast | Conference Center |
| 8 AM | 12 PM | Information Tent/Lost & Found | Oval/Transition |
| 9:30 AM | | Award Ceremony | Conference Center |
| 11 AM | | 2017 IRONMAN World Championship Slot Allocation/Rolldown Ceremony | Conference Center |
| 5:30 PM | 7:30 PM | Volunteer Appreciation Party | Conference Center |

*SCHEDULE OF EVENTS IS TENTATIVE & SUBJECT TO CHANGE. Last updated 6/21/17.